# Michigan Dementia Education & Training Programs Directory

LAST DATE UPDATED 12/20/07

Prepared by the **Dementia Competencies Work Group** of the **Michigan Dementia Coalition**.

12/20/2007 i

#### NOTICE

The compilers of this directory, the Michigan Dementia Competencies Work Group, and the Michigan Dementia Coalition make no claims regarding the accuracy of the information contained herein and take no position with regard to the quality of education and training provided by the persons and agencies listed in this directory. Individuals or agencies seeking dementia education and training are advised to seek expert assistance in assessing the quality of dementia education and training programs before investing in them.

# Introduction

The Dementia Competencies Work Group of the Michigan Dementia Coalition has compiled this directory of the dementia education and training programs available in Michigan to assist health and human services provider agencies and others in locating potential dementia education programs and trainers in their area. The work group solicited submissions for the directory through the Michigan Dementia Coalition, its member networks, and others. The work group and the Michigan Dementia Coalition are not responsible for the accuracy of the information contained herein and take no position with regard to the quality of education and training provided by the persons and agencies listed in this directory.

The Dementia Competencies Work Group has developed core competencies that are needed by persons who work directly with individuals with dementia. Individuals or agencies seeking dementia education and training are advised to assess the quality of dementia education and training programs before investing in them. The vision, mission, philosophy and values of the work group, and the core competency areas it has identified, precede the listing of education and training programs. These competencies are now available in the "Knowledge and Skills Needed for Dementia Care; A Guide for Direct Care Workers" that can be found on the Michigan Dementia Coalition website at: <a href="https://www.dementiacoalition.org">www.dementiacoalition.org</a>

Entries in this directory are listed alphabetically by county when trainers have designated specific counties where they provide dementia education programs. Some dementia education and training providers will consider providing training anywhere in the state. These are listed first. Counties not specifically designated by trainers are not listed separately in the directory.

The directory will be updated periodically. Updates or new entries can be submitted at any time and will be held until the next update. Send updates or additions to lcorneli@mphi.org. Questions about the directory may be directed to:

Lorie Cornelius Michigan Dementia Coalition

Tel: (517) 324-7320 Fax: (517) 381-0260 lcorneli@mphi.org

Appendix A acknowledges the primary members of the Dementia Competencies Work Group.

12/20/2007 iii

# **Philosophy and Values**

# Mission

Identify educational standards and programs that meet them, and recognize dementia competent direct care workers (DCWs).<sup>1</sup>

# Vision

All DCWs will be knowledgeable, competent, and empathic in working with individuals with dementia and their families to provide quality dementia care.

# Philosophy

Life is a journey that revolves around relationships. The development of quality life-enhancing relationships gives meaning and purpose to the interactions between individuals with dementia, families, and DCWs. These standards are based on a philosophy that reflects age and culturally appropriate, person-centered care that allows an individual to continue to learn and grow while developing compassionate relationships in a nourishing environment. They emphasize that DCWs are an integral part of the team, and that their contributions are valued and respected. The standards focus on assisting DCWs in developing holistic interpersonal, problem solving, and communication skills with persons, families, and staff in an environment that is supportive, vibrant, and meaningful.

#### Person-Centered Care

Care that is person-centered is care that focuses on the individual with respect to her/his unique history, abilities, experiences, culture, and personality. People with dementia retain the ability and the right to communicate their likes, dislikes, and preferences. The care provided is based on collaboration between the individual, her/his family, and her/his DCW.

#### **Growth-Caring-Centered**

Care that is growth-caring-centered is defined as helping another person to grow and develop. Part of the caring process is acknowledging an individual's needs,<sup>2</sup> including

12/20/2007 iv

\_

<sup>&</sup>lt;sup>1</sup> \*\*Direct-care workers include certified nursing assistants (CNAs), home health aides, personal care assistants, and direct support professionals providing supportive services in individual and long-term care residential settings.

the opportunity to give care as well as receive it. This caring process continues through the last stages of life.

#### Supportive Environment

The physical and social environment plays an integral role in whatever setting care is provided.<sup>3</sup> Relationship building is fostered in an environment where interactions take place naturally.

#### **Direct Care Workers**

DCWs reach their full potential when the relationships they form are meaningful, standards of excellence are in place, they have opportunities to grow personally and professionally, and their accomplishments are not only acknowledged, but also celebrated.4

# **Core Competency Areas**

The following are areas or domains of dementia competency for persons providing direct care or support to someone with dementia:

Knowledge of Dementia Disorders

Person-Centered Care

Care Interactions

Enriching the Person's Life

**Understanding Behaviors** 

Interacting with Families

Direct Care Worker Self-Care

Appendix B provides a list of the ideas that contributed to this statement.

12/20/2007 V

<sup>&</sup>lt;sup>2</sup>Including... for companionship, autonomy, dignity, individuality, meaningful activity, productivity, physical comfort, emotional security, spiritual well-being,

<sup>&</sup>lt;sup>3</sup> The environment should foster socialization, independence, and meaningful activity and offer a sense of community, safety, comfort, privacy, and dignity for everyone.

<sup>&</sup>lt;sup>4</sup> A learner-approach to training empowers DCWs to be creative and forward thinking; it allows them to take ownership of their work and to break the mold by testing innovative ideas. Often the best care is provided when decision-making begins with the individual or with those closest to her/him.

# **Contents**

Statewide2	Keweenaw	73
Alcona7	Lake	75
Alger9	Lapeer	76
Allegan 10	Leelanau	72
Alpena11	Lenawee	79
Antrim13	Livingston	81
Arenac15	Luce	84
Baraga17	Mackinac	85
Barry19	Macomb	86
Bay20	Manistee	89
Benzie22	Marquette	91
Berrien24	Mason	93
Branch25	Mecosta	94
Calhoun26	Menominee	96
Cass27	Midland	97
Charlevoix28	Missaukee	99
Cheboygan30	Monroe	101
Chippewa32	Montcalm	102
Clare33	Montmorency	103
Clinton35	Muskegon	105
Crawford37	Newaygo	106
Delta38	Oakland	107
Dickinson39	Oceana	110
Eaton40	Ogemaw	111
Emmet42	Ontonagon	113
Genesee44	Osceola	115
Gladwin 45	Oscoda	116
Gogebic47	Otsego	118
Grand Traverse49	Ottawa	120
Gratiot51	Presque Isle	121
Hillsdale53	Roscommon	123
Houghton54	Saginaw	124
Huron56	Sanilac	126
Ingham 57	Schoolcraft	127
Ionia60	Shiawassee	128
losco61	St. Clair	129
Iron63	St. Joseph	130
Isabella64	Tuscola	131
Jackson66	Van Buren	132
Kalamazoo68	Washtenaw	134
Kalkaska69	Wayne	138
Kent71	Wexford	

#### Alzheimer's Association

The Alzheimer's Association provides dementia education and training programs throughout the state through two chapters and eleven regional offices. See specific county listings for appropriate contact, or call (800) 272-3900 to be directed to the appropriate chapter serving your location.

The Alzheimer's Association *Foundations of Dementia Care* is a comprehensive training program to improve the quality of care for residents with dementia that reside in assisted living residences and/or nursing homes nationwide. The training principles are derived from the Alzheimer's Association *Dementia Care Practice Recommendations for Assisted Living Residences and Nursing Homes.* This innovative training takes the latest and best evidence and research and applies it to help staff make better connections with residents and their families, resulting in a better quality of care.

**Foundations of Dementia Care** is available in the following formats to meet your specific training needs:

#### Web-based Training Programs

The program includes two supplementary web-based training programs: 1) Direct care workers training and 2) supervisory personnel training. Residences or professionals may purchase directly from the Association's website, <a href="https://www.alz.org">www.alz.org</a>.

- The "CARES Program" is around 5 hours in length and is intended to teach methods of providing good care to people with dementia (baseline user is the direct care worker).
- The "Dementia Care Training for Team Leaders: Successful Supervision" is around 2 hours in length and is intended to teach supervisory staff to act as team leaders to effectively coach and mentor direct care staff in providing high quality dementia care.

#### On-site Training Programs

On-site training is interactive and hands-on, allowing staff to practice new approaches to dementia care through role-playing exercises, discussion of case scenarios, video discussion, and sharing of experiences. The 12 hour curriculum includes: About Dementia, Enhancing Mealtime, Reducing Pain, Making Connections, Falls, Wandering, Physical Restraints, and Learning to Lead. Curriculum can be presented in 1-2 hour sessions, half day or full day trainings.

Please contact your local chapter at 800.272.3900 to learn more about these direct care and supervisory training programs.

cont.

# **Geriatric Education Center of Michigan**

Topics: Assessment, identification, intervention, management, and community

resources. Multiple topics related to primary care geriatrics and long term care; continuous quality improvement in geriatric care settings; geriatric

rehabilitation.

Audiences: Health care professionals including physicians, physician assistants, nurses,

nurse practitioners, social workers, rehab specialists, psychologists, psychiatrists, health educators, quality improvement directors, dietitians,

nursing home administrators

Trainer

Degrees: MDs, DOs, NPs, PhDs, RDs, OTs

Preferred

Format: All formats (except academic for-credit courses); Many courses offer

continuing education credits and can be delivered via interactive

teleconferencing.

Contact: Jan Yonker, MSA

**Deputy Director** 

B215 West Fee Hall, East Lansing, MI 48824

Tel: (517) 353-7828 Fax: (517) 353-1879 vonker@msu.edu

#### **Gerontology Network**

Topics: Challenging Behaviors of Dementia, Latest Research on Dementia, Non-

Alzheimer's Dementias, Working With Family Caregivers, Caring for the Person With Dementia, Overview of Dementia, Ethical Issues in Dementia Care, Pain Management in Individuals With Dementia, Developing Specialized

Dementia Units, Advanced Techniques in Dementia Care.

Audiences: Professionals, family caregivers, volunteers

Trainer

Degrees: MSW's, RN's, MA's, MS's

Preferred Half day, full day, multi-session, academic courses

Formats: Presentation length is determined by the group requesting the training.

Contact: Regina McClurg

Vice-President – Training and Performance Enhancement

cont.

Gerontology Network 516 Cherry SE Grand Rapids, MI 49503 Tel: (616) 771-9713

Cell: (616) 822-8904

rmcclurg@gerontologynetwork.org

# Lake View Community Hospital

Topics: Latest research on Dementia and Alzheimer's, assessment, identification,

intervention, management, and community resources. Multiple topics related

to psychiatric care in geriatrics.

Audiences: Healthcare professionals including physicians, physician assistants, nurses,

nurse practitioners, social workers, rehab specialists, psychologist, psychiatrist, health educators, quality improvement directors, nursing home administrators,

family caregivers, volunteers, nursing home staff

Trainer

Degrees: MD

Preferred

Formats: All formats (including academic for-credit courses). The group requesting the

training determines presentation length.

Contact: Karen Griffin, Office Coordinator (for Nadeem M. Mirza, MD)

505 Hazen Street

Suite 104

Paw Paw, MI 49079 Tel: (269) 657-1595

kgriffin@lakeviewcares.com

#### **Optimal Life Designs in Dementia Care**

Topics: The Experience of the Person Living with Cognitive Losses; Understanding the

Impact of Brain Changes on a Person's Ability to Communicate with Others and Perform Daily Tasks; Promoting Autonomy During Activities of Daily Living; Techniques for Promoting Mobility and Preventing Falls; Enhancing the Mealtime Experience for Individuals with Dementia and Their Caregivers; Ain't Misbehavin': Understanding Behavioral Symptoms in Dementia; Strategies to Reduce Stressful Bathing and Other Daily Care Experience; Designing and Evaluating Therapeutic Activities that Support Individual Interests and Well-

Being;

cont.

Topics: 'Upgrading' Your Training Skills: Designing and Customizing Training

Programs on Person-Centered Care; Developing a Process for Evaluating and Improving Care Practices that Support a Person's Well-Being; Leadership in Person-Centered Dementia Care; Legal issues related to dementia; preserving self-determination; planning for long term care; how to evaluate dementia care programs; resident rights for person with dementia (eg. involuntary discharge

planning)

Audiences: Families and health care professionals working in a variety of settings

Trainer

Degrees: MA, MSW, JD, MS, LLP, OTR/L, Specialist in Aging Certificate

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Anne Robinson, Director

7375 Ten Hill Rd., West Bloomfield, MI 48322

Tel: (248) 851-7938 Fax: (248) 851-7963

annerobinson2@sbcglobal.net

# **Pathways Community Mental Health**

Topics: Dementia general, specific dementias (Lewy, Downs, etc.), problem solving /

intervention – challenging behaviors, communication with cognitively impaired,

mealtime, etc.

Audiences: Support groups, nursing home staff, assisted living, special care units,

university health-related classes, AFC providers, group homes

Trainer

Degrees: BS, advanced training in dementia care

Preferred

Formats: 1-2 hour, half-day, full day

Contact: Jim Wealton

200 W. Spring

Marquette, MI 49855
Tel: (906) 225-4415
Fax: (906) 225-7203
jwealton@up-pathways.org

cont.

#### Shelly Weaverdyck, Private Consultant

Topics: Topics: Dementia, Alzheimer's Disease, Non-Alzheimer's Type Dementias,

Cognitive Impairment among older adults (including person's with psychiatric and other diagnoses), Brain functioning, Assessment, Intervention based on assessment, The Cognitive Impairment Assessment Protocol (CIAP), The Cognitive Impairment Intervention Protocol (CIIP), How brain changes affect a person's behavior and ability to think and perform tasks, Interventions that modify the environment, task, and caregiver interactions with a person, Difficult behaviors (that are upsetting to both caregivers and to the person with

cognitive impairment), Understanding the perspective of the person with

cognitive impairment.

Audiences: Health care professionals, Direct care workers, Family caregivers, Residential

staff, at all levels of experience in all settings.

Trainer

Degrees: PhD, Certificate in Gerontology

Preferred

Formats: Any format – 1 hour to multi-week, workshop, lecture or seminar

Contact: Shelly Weaverdyck

1946 Steere Place Ann Arbor, MI 48104 Tel: 734-668-7305 sweaverd@umich.edu

Topics: Foundations of Dementia Care Curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behaviors, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 354-7879 Peggy.thomas@alz.org

# Area Agency on Aging Region 9

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Alcona cont.

# **District Health Department #4**

Topics: Overview, behaviors, other topics

Audiences: family or professional caregivers

Trainer

Degrees: LPN

Preferred

Formats: 1-2 hour

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics: Foundations of Dementia Care Curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

# Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas

Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989)354-7879 Peggy.thomas@alz.org

# **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Alpena cont.

# **District Health Department #4**

Topics: Overview, behaviors, other topics

Audiences: family or professional caregivers

Trainer

Degrees: LPN

Preferred

Formats: 1-2 hour

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics:

Foundations of Dementia Care curriculum: Dementia Basics, Improving Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 <u>Debra.Monroe@alz.org</u> <u>Lisa.Teglas@alz.org</u>

# Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Antrim cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.,

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

# **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Eastern Michigan University, Alzheimer's Education Program

Topics: Creating Successful Meal Times, Understanding Memory Loss, Overview of

Dementia, Spirituality and Dementia, Communication and the Person with Dementia, Person-centered Care, Creating Activities for Early Stage

**Participants** 

Audiences: Adult, Families, Children - all

Trainer

Degrees: BS and MA in Education, Graduate Certificate in Gerontology

Preferred

Formats: 1-2 hour, half day, academic course

Contact: Jo Campbell

P.O. Box 981337

Ypsilanti, MI 48198-1227 Tel: (734) 487-8579 Fax: (734) 487-0298 jo.campbell@emich.edu

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

cont.

# Baraga cont.

# **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### Golden Horizons Adult Day Center

Topics: Overview of dementia, effective communication techniques, managing difficult

behaviors, coping with caregiver stress, planning ahead – the legal and

financial issues, safety issues

Audiences: Family caregivers, paid caregivers

Trainer

Degrees: Bachelors degree in Social Work and RN (Associates in Nursing)

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Stacy McIntyre, MSW, LMSW, Program Coordinator

Gloria Rose, RN, BSW, Assistant Program Coordinator

1001 Marsac St. Bay City 48708 Tel: (989) 892-6644 Fax: (989) 892-2075

goldenhorizons@earthlink.com

cont. Bay cont

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia. Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3761
Fax: (989) 633-3704
hsumner@mccoa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators 1040 Walnut St.

TO40 Wallut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 <u>Debra.Monroe@alz.org</u> Lisa.teglas@alz.org

# Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation

Audiences: Professionals, family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Benzie cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### Lake View Community Hospital – Behavioral Health Services

Topics: Latest research on dementia and Alzheimer's, assessment, identification,

intervention, management, and community resources. Multiple topics related

to psychiatric care in geriatrics.

Audiences: Healthcare professionals, including physicians, physician assistants, nurses,

nurse practitioners, social workers, rehab specialists, psychologist, psychiatrist, health educators, quality improvement directors, nursing home administrators,

family caregivers, volunteers, Nursing Home staff.

Trainer Nadeem M. Mirza, MD

Degrees: MD

Preferred

Format: All formats including academic for-credit courses. The group requesting the

training determines presentation length.

Contact: Karen Griffin, Office coordinator

505 Hazen Street, Suite 104

Paw Paw, MI 49079 Tel: 269-657-1595

kgriffin@lakeviewcares.com

#### **Alzheimer's Association – Michigan Great Lakes Chapter**

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### **Cass County Council on Aging**

Topics: Overview of dementia, communication techniques, challenging behaviors,

brain changes and dementia, community resources, planning for end of life

issues.

Audiences: Caregivers and other interested community members and organizations

Trainer

Degrees: Associate – nursing RN, Certification in Gerontology

Preferred

Formats: 1-2 hour, multi-session

Contact: Suzanne Beurmann, RN,C

P.O. Box 5, 60525 Decatur Rd.

Cassopolis, MI 49031 Tel: (800) 323-0390 Fax: (269) 445-5595 sbeurmann@casscoa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

#### Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Charlevoix cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

# Cheboygan

# Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas

Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 354-7879 Peggy.thomas@alz.org

# **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Cheboygan cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

# **District Health Department #4**

Topics: Overview, behaviors, other topics

Audiences: family or professional caregivers

Trainer

Degrees: LPN

Preferred

Formats: 1-2 hour

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

# Clare cont.

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia, Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3761
Fax: (989) 633-3704
hsumner@mccoa.org

# Clinton

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

# Lansing Community College (LCC) – Human, Health & Public Services Division, Health and Human Services Department, Gerontology Seminars

Topics:

Seminars on various topics related to aging including dementia, caregiving, and challenging behaviors, are offered on a revolving basis during Spring and Fall semesters. Seminar participants may receive academic credit. Seminars are also approved for continuing education credits for nurses, AFC licensees and administrators, and nursing home administrators. Academic credits count toward the Certificate of Achievement in Human Services and the Certificate of Completion in Aging Studies.

Seminar titles include: Dementia: Causes and Concepts; Techniques for Caring for People with Dementia; The 3-D Approach: Differential Diagnosis of Delirium, Depression, and Dementia; Dealing with Challenging Behaviors in People with Dementia; Working with People with Dementia: Environmental and Communication Strategies; Non-Alzheimer's Dementias: What they Look Like and Implications for Care; Validating Feelings/Improving Communication in People with Dementia; Activities for People with Alzheimer's Disease and Related Disorders; and Developing a Person-Centered Approach to Care. Additional topics related to dementia are developed as needed. The program is considering developing a certificate in dementia care.

cont.

# Clinton cont.

Audiences: Seminars are appropriate for multidisciplinary audiences, including gerontology

students, community agency staff, nurses, AFC owners, nursing home

administrators, direct care workers, paraprofessionals, and any one else who

works in the field of aging or dementia care.

Trainer

Degrees: Varies, depending on the topic: MA, MSW, PhD, RN, MD, etc.

Preferred Seminars are four, eight, or twelve hours in length, depending on the

Formats: topic.

Contact: Chris Hennessey

Director, Mental Health and Aging Project

3500 – MHAP, P.O. Box 40010 Lansing, MI 48901-7210 Tel: (517) 483-1529 Fax: (517) 483-1852 hennesc@lcc.edu

### **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3493 Woods Edge Dr., Suite 103

Okemos, MI 48864 Tel: (517) 886-3707 Fax: (517) 349-1973

mareck.associates@sbcglobal.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707 Tel: (989) 356-4087 Fax: (989) 354-7879 Peggy.thomas@alz.org

### Area Agency on Aging Region 9

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Carepartners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

# Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

# Lansing Community College (LCC) – Human, Health & Public Services Division, Health and Human Services Department, Gerontology Seminars

Topics:

Seminars on various topics related to aging including dementia, caregiving, and challenging behaviors, are offered on a revolving basis during Spring and Fall semesters. Seminar participants may receive academic credit. Seminars are also approved for continuing education credits for nurses, AFC licensees and administrators, and nursing home administrators. Academic credits count toward the Certificate of Achievement in Human Services and the Certificate of Completion in Aging Studies.

Seminar titles include: Dementia: Causes and Concepts; Techniques for Caring for People with Dementia; The 3-D Approach: Differential Diagnosis of Delirium, Depression, and Dementia; Dealing with Challenging Behaviors in People with Dementia; Working with People with Dementia: Environmental and Communication Strategies; Non-Alzheimer's Dementias: What they Look Like and Implications for Care; Validating Feelings/Improving Communication in People with Dementia; Activities for People with Alzheimer's Disease and Related Disorders; and Developing a Person-Centered Approach to Care. Additional topics related to dementia are developed as needed. The program is considering developing a certificate in dementia care.

cont.

# Eaton cont.

Audiences: Seminars are appropriate for multidisciplinary audiences, including gerontology

students, community agency staff, nurses, AFC owners, nursing home

administrators, direct care workers, paraprofessionals, and any one else who

works in the field of aging or dementia care.

Trainer

Degrees: Varies, depending on the topic: MA, MSW, PhD, RN, MD, etc.

Preferred

Seminars are four, eight, or twelve hours in length, depending on the

Formats: topic.

Contact: Chris Hennessey

Director, Mental Health and Aging Project

3500 – MHAP, P.O. Box 40010 Lansing, MI 48901-7210 Tel: (517) 483-1529

Fax: (517) 483-1852 hennesc@lcc.edu

# **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3493 Woods Edge Dr., suite 103

Okemos, MI 48864 Tel: (517) 886-3707 Fax: (517) 349-1973

mareck.associates@sbcglobal.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Care partners, health care professionals, family members, general community Audiences:

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

> Lisa Teglas, LBSW **Program Coordinators** 1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

### Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: **RSW** 

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Kim Bowman Contact:

> 3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Emmet cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

# **Grandvue Medical Care Facility**

Topics: Dementia basics, nonviolent crisis intervention

Audiences: All

Trainer

Degrees: MS in family nursing – aging family, RN, Clinical Specialist, certified by ANA

Preferred

Formats: 1-2 hour, half day

Contact: Louise Ernst

Education Coordinator 1728 S. Peninsula Dr. East Jordan, MI 49727 Tel: (231) 536-2286 lernst@grandvue.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Tassy Kalemis, MSW, Program Coordinator

Dawn Spicer, Regional Director

G-3287 Beecher Rd. Flint, MI 48532

Tel: (810) 720-2791or (800) 272-3900

Fax: (810) 720-3040 tassy.kalemis@alz.org dawn.spicer@alz.org

# **Henry Ford Health Systems**

Topics: Alzheimer's disease, Lewy body disease, frontal dementias, diagnosis and

differential including non-degenerative diseases affecting cognition, mental

status exam, behavior identification and management, genetics and

Alzheimer's

Audiences: Neurologists, internists, family practitioners, professional, lay

Trainer

Degree: DO

Preferred

Formats: 1-2 hour, half day, full day, multi-session, academic course, any

Contact: Rhonna Shatz, DO

Division Head, Behavioral Neurology

Department of Neurology, K-11, Henry Ford Hospital

2799 W. Grand Blvd. Detroit, MI 48202 Tel: (313) 916-2456 Fax: (313) 916-3014

rhonnas@sbcglobal.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

# Gladwin cont.

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia, Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3761
Fax: (989) 633-3704
hsumner@mccoa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

cont.

# Gogebic cont.

# **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

# **Grand Traverse**

# Alzheimer's Association – Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

> Lisa Teglas, LBSW **Program Coordinators**

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

#### Catholic Human Services

Topics: Dementia "101" / Alzheimer's type

Audiences: Nursing staff (RN, LPN, CENA)

Trainer

Degrees: BA, MA

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Hope Figgis

> 3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

> > cont.

# Grand Traverse cont.

# **Catholic Human Services, Gerontological Services**

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, and multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia, Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3761
Fax: (989) 633-3704
hsumner@mccoa.org

# **Alzheimer's Association – Michigan Great Lakes Chapter**

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# Area Agency on Aging Region 11

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

cont.

# Houghton cont.

# **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Barnas Haratsaris, MA

Education & Training Coordinator 20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 jean.barnas@alz.org

#### **Human Development Commission**

Topics: Assessment for Intervention During Activities of Daily Living

Alzheimer's and Related Dementias – Symptoms, Brain Changes and Behaviors, Diagnosis and Treatment, Caregiver Education and Empathy Training. Community presentations include, "I Forgot Where I Put My

Memory," "All Stressed Out and Nowhere to Go," "Walk a Mile in Their Shoes,"

and "Caring for Your Aging Parents."

Audiences: All

Trainer

Degrees: MSW

Preferred

Formats: 1-2 hour, half day,

Contact: Kim Wasik

429 Montague Ave. Caro, MI 48723

Tel: (989) 673-4121 Fax: (989) 673-2031 kimw@hdc-caro.org

# Ingham

# Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### **Holland Home**

Topics: Dementia overview, compassionate communication, ABC's of behavior

management

Audiences: Senior groups, church groups, facility staff

Trainer

Degrees: RN, BS (Health Education)

Preferred

Formats: 1-2 hours, half day

Contact: Linda Hammen

Staff Development Nurse Educator

1450 E. Fulton

Grand Rapids, MI 49503 Tel: (616) 643-2685 Fax: (616) 643-2623

Linda\_hammen@hollandhome.org

# Lansing Community College (LCC) – Human, Health & Public Services Division, Health and Human Services Department, Gerontology Seminars

Topics:

Seminars on various topics related to aging including dementia, caregiving, and challenging behaviors, are offered on a revolving basis during Spring and Fall semesters. Seminar participants may receive academic credit. Seminars are also approved for continuing education credits for nurses, AFC licensees and administrators, and nursing home administrators. Academic credits count toward the Certificate of Achievement in Human Services and the Certificate of Completion in Aging Studies.

Seminar titles include: Dementia: Causes and Concepts; Techniques for Caring for People with Dementia; The 3-D Approach: Differential Diagnosis of Delirium, Depression, and Dementia; Dealing with Challenging Behaviors in People with Dementia; Working with People with Dementia: Environmental and Communication Strategies; Non-Alzheimer's Dementias: What they Look Like and Implications for Care; Validating Feelings/Improving Communication in People with Dementia; Activities for People with Alzheimer's Disease and Related Disorders; and Developing a Person-Centered Approach to Care. Additional topics related to dementia are developed as needed. The program is considering developing a certificate in dementia care.

Audiences:

Seminars are appropriate for multidisciplinary audiences, including gerontology students, community agency staff, nurses, AFC owners, nursing home administrators, direct care workers, paraprofessionals, and any one else who works in the field of aging or dementia care.

Trainer

Degrees: Varies, depending on the topic: MA, MSW, PhD, RN, MD, etc.

Preferred Seminars are four, eight, or twelve hours in length, depending on the

Formats: topic.

Contact: Chris Hennessey

Director, Mental Health and Aging Project

3500 – MHAP, P.O. Box 40010 Lansing, MI 48901-7210 Tel: (517) 483-1529

Fax: (517) 483-1852 hennesc@lcc.edu

cont.

# **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3493 Woods Edge Dr., Suite 103

Okemos, MI 48864 Tel: (517) 886-3707 Fax: (517) 349-1973

mareck.associates@sbcglobal.net

# Michigan State University School of Social Work

Topics: Various topics around dementia and health

Audiences: Professionals working with the elderly and persons with disabilities

Trainer

Degrees: Varies. Most have an MA or PhD

Preferred

Format: 1-2 hour

Contact: Michele Brock

Continuing Education & Professional Development Coordinator

221 Baker Hall, MSU
East Lansing, MI 48824
Tel: (517) 353-8620
Fax: (517) 353-3038
brockm@msu.edu

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy .Spahn

Christiana Getz Mary Mathieu

Program Coordinators 213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874 christiana.getz@alz.org mary.Mathieu@alz.org Joy.Spahn@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 354-7879 Peggy.thomas@alz.org

# **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# **District Health Department #4**

Topics: Difficult behaviors, dementia and the brain, caring for the caregiver, aging

process

Audiences: Family caregivers, adult foster care, nursing home, general public

Trainer

Degrees: LPN

Preferred Formats:

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

# Eastern Michigan University, Alzheimer's Education Program

Topics: Creating Successful Meal Times, Understanding Memory Loss, Overview of

Dementia, Spirituality and Dementia, Communication and the Person with Dementia, Person-centered Care, Creating Activities for Early Stage

**Participants** 

Audiences: Adult, Families, Children - all

Trainer

Degrees: BS and MA in Education, Graduate Certificate in Gerontology

Preferred

Formats: 1-2 hour, half day, academic course

Contact: Jo Campbell

P.O. Box 981337

Ypsilanti, MI 48198-1227 Tel: (734) 487-8579 Fax: (734) 487-0298 jo.campbell@emich.edu

Topics:

Foundations of Dementia Care curriculum: Dementia Basics, Improving Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# Area Agency on Aging Region 11

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### Senior Services

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

# Isabella cont.

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

> Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia, Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

> 4700 Dublin Ave. Midland, MI 48642 Tel: (989) 633-3761 Fax: (989) 633-3704

hsumner@mccoa.org

### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### Jackson County Department on Aging

Topics: Understanding dementia, effective communication, behavior presentations

such as wandering and agitation. Other topics offered to fit interest of

audience.

Audiences: Community caregivers, nursing and in-home care staff

Trainer

Degrees: MSW and specialized dementia training from U of M

Preferred

Format: 1-2 hour

Contact: Danielle Pequet

In-Home Services Coordinator 1715 Lansing Ave., Suite 672 Jackson, MI 49202-2193 dpequet@co.jackson.mi.us

cont.

# **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3401 E. Saginaw St., Suite 214

Lansing, MI 48912 Tel: (517) 886-3707 Fax: (517) 333-3737

mareck.associates@sbcglobal.net

## Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### Lake View Community Hospital – Behavioral Health Services

Topics: Latest research on dementia and Alzheimer's, assessment, identification,

intervention, management, and community resources. Multiple topics related

to psychiatric care in geriatrics.

Audiences: Healthcare professionals, including physicians, physician assistants, nurses,

nurse practitioners, social workers, rehab specialists, psychologist, psychiatrist, health educators, quality improvement directors, nursing home administrators,

family caregivers, volunteers, Nursing Home staff.

Trainer Nadeem M. Mirza, MD

Degrees: MD

Preferred

Format: All formats including academic for-credit courses. The group requesting the

training determines presentation length.

Contact: Karen Griffin, Office coordinator

505 Hazen Street, Suite 104

Paw Paw, MI 49079 Tel: 269-657-1595

kgriffin@lakeviewcares.com

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators 1040 Walnut St.,

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766

<u>Debra.Monroe@alz.org</u>
Lisa.teglas@alz.org

#### **Catholic Human Services, Gerontological Services**

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, and multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Kalkaska cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy Spahn

Christiana Getz Mary Mathieu

Program Coordinators 213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874 christiana.leitch@alz.org mary.Mathieu@alz.org Joy.Spahn@alz.org

# **Gerontology Network**

Topics: Challenging Behaviors of Dementia, Latest Research on Dementia, Non-

Alzheimer's Dementias, Working With Family Caregivers, Caring for the Person With Dementia, Overview of Dementia, Ethical Issues in Dementia Care, Pain Management in Individuals With Dementia, Developing Specialized

Dementia Units, Advanced Techniques in Dementia Care.

Audiences: Professionals, family caregivers, volunteers

Trainer

Degrees: MSW's, RN's, MA's, MS's

Preferred Half day, full day, multi-session, academic courses

Formats: Presentation length is determined by the group requesting the training.

cont.

12/20/2007 71

# Kent cont.

Contact: Regina McClurg

Vice-President – Training and Performance Enhancement

Gerontology Network

516 Cherry SE

Grand Rapids, MI 49503 Tel: (616) 771-9713 Cell: (616) 822-8904

rmcclurg@gerontologynetwork.org

#### **Holland Home**

Topics: Dementia overview, compassionate communication, ABCs of behavior

management

Audiences: Senior groups, church groups, facility staff

Trainer

Degrees: RN, BS (Health Education)

Preferred

Formats: 1-2 hours, half day, full day

Contact: Linda Hammen

Staff Development Nurse Educator

1450 E. Fulton

Grand Rapids, MI 49503 Tel: (616) 643-2685 Fax: (616) 643-2623

Linda\_hammen@hollandhome.org

#### St. Mary's Health Care

Topics: Diagnosis and treatment of dementia and other memory disorders, research

advances, clinical drug trials.

Audiences: Physicians, mid-level providers, nurses, allied health professionals

Trainer

Degrees: MD

Preferred

Formats: Full day, Monday through Friday

Contact: Kevin Foley, MD, Medical Director, Hauenstein Alzheimer's

Disease & Memory Disorders Program, St. Mary's Health Care,

260 Jefferson Ave., SE, Suite 203

Grand Rapids, MI 49503
Tel: (616) 752-5432
Fax: (616) 752-5439
foleykt@trinity-health.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

Program Coordinator

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

cont.

# Keweenaw cont.

# **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

## **Alzheimer's Association – Michigan Great Lakes Chapter**

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

12/20/2007 75

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Tassy Kalemis, MSW, Program Coordinator

Dawn Spicer, Regional Director

G-3287 Beecher Rd. Flint, MI 48532

Tel: (810) 720-2791 or (800) 272-3900

Fax: (810) 720-3040 tassy.kalemis@alz.org dawn.spicer@alz.org

12/20/2007 76

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

#### **Catholic Human Services**

Topics: Dementia "101" / Alzheimer's type

Audiences: Nursing staff (RN, LPN, CENA)

Trainer

Degrees: BA, MA

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Hope Figgis

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

cont.

# Leelanau cont.

#### Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

## **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

12/20/2007 78

# **Adrian Clinic of Neurology**

Topics: Dementia and behavior, nutrition, pain management, social engagement,

enhancing communication with the person with dementia, and leadership and

teamwork techniques to achieve quality dementia care.

Audiences: Physicians and long-term care staff, including administrators, supervisors,

nurses, and direct care workers

Trainer

Degree: MSW / Gerontology focus

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Dr., Suite 1 Ann Arbor, MI 48103

Tel: (734) 677-3081 ext. 13

Fax: (734) 677-3091 Linda.bowman@alz.org

# Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors). Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

cont.

## **Gerontology Network**

Topics: Challenging Behaviors of Dementia, Latest Research on Dementia, Non-

Alzheimer's Dementias, Working With Family Caregivers, Caring for the Person With Dementia, Overview of Dementia, Ethical Issues in Dementia Care, Pain Management in Individuals With Dementia, Developing Specialized

Dementia Units, Advanced Techniques in Dementia Care.

Audiences: Professionals, family caregivers, volunteers

Trainer

Degrees: MSW's, RN's, MA's, MS's

Preferred Half day, full day, multi-session, academic courses

Formats: Presentation length is determined by the group requesting the training.

Contact: Regina McClurg

Vice-President - Training and Performance Enhancement

Gerontology Network

516 Cherry SE

Grand Rapids, MI 49503 Tel: (616) 771-9713 Cell: (616) 822-8904

rmcclurg@gerontologynetwork.org

#### Saint Joseph Mercy Senior Health Services

Topics: Geriatric assessment, interdisciplinary teams, dementia (general), behavior

management, medication management, caregiver needs.

Audiences: Any

Trainer

Degree: MD geriatricians, NPs in Geriatric Medicine, RNs, LMSWs (geriatric SW

specialists)

Preferred

Formats: 1-2 hour, half day, multi-session, other

Contact: Anna Tolis, LMSW,

Geriatric Social Work Specialist

Saint Joseph Mercy Senior Health Services

5361 McAuley Dr. Ann Arbor, MI 48106 Tel: (734) 712-5189 Fax: (734) 712-5302 tolisa@trinity-health.org

## Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### Eastern Michigan University, Alzheimer's Education Program

Topics: Creating Successful Meal Times, Understanding Memory Loss, Overview of

Dementia, Spirituality and Dementia, Communication and the Person with Dementia, Person-centered Care, Creating Activities for Early Stage

**Participants** 

Audiences: Adult, Families, Children - all

Trainer

Degrees: BS and MA in Education, Graduate Certificate in Gerontology

Preferred

Formats: 1-2 hour, half day, academic course

Contact: Jo Campbell

P.O. Box 981337

Ypsilanti, MI 48198-1227 Tel: (734) 487-8579 Fax: (734) 487-0298 jo.campbell@emich.edu

cont.

# Livingston cont.

#### **Geriatric Consultant Resources LLC**

Topics: Cognitive screening in older adults, medication management issues in the

elderly including counseling on side-effects, monitoring, what to look for, and what to expect with dementia medications. Focus on drug-drug and drug-disease interactions, including over-the-counter medications and supplements.

Audiences: Families/caregivers, health care professionals, assisted living facilities, nursing

homes

Trainer

Degrees: Doctor of Pharmacy (Pharm D), RPh

Preferred

Formats: 1-2 hour, half day, brown bag sessions with patients and their families for

medication counseling, more formal presentations involving slides and

handouts for health care professionals

Contact: Manju Beier, PharmD

Senior Partner, Geriatric Consultant Resources LLC

Clinical Associate Professor of Pharmacy

The University of Michigan

2001 Commonwealth Blvd., Suite 205

Ann Arbor, MI 48105 Tel: (734) 663-9281 Fax: (734) 663-9262 beier@gcrweb.com

#### **Henry Ford Health Systems**

Topics: Alzheimer's disease, Lewy body disease, frontal dementias, diagnosis and

differential including non-degenerative diseases affecting cognition, mental

status exam, behavior identification and management, genetics and

Alzheimer's

Audiences: Neurologists, internists, family practitioners, professional, lay

Trainer

Degree: DO

Preferred

Formats: 1-2 hour, half day, full day, multi-session, academic course, any

Contact: Rhonna Shatz, DO

Division Head, Behavioral Neurology, Department of Neurology, K-11

Henry Ford Hospital 2799 W. Grand Blvd. Detroit, MI 48202 Tel: (313) 916-2456 Fax: (313) 916-3014 rhonnas@sbcglobal.net

cont.

# Livingston cont.

## **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3401 E. Saginaw St., Suite 214

Lansing, MI 48912 Tel: (517) 886-3707 Fax: (517) 333-3737

mareck.associates@sbcglobal.net

## Saint Joseph Mercy Senior Health Services

Topics: Geriatric assessment, interdisciplinary teams, dementia (general), behavior

management, medication management, caregiver needs.

Audiences: Any

Trainer

Degree: MD geriatricians, NPs in Geriatric Medicine, RNs, LMSWs (geriatric SW

specialists)

Preferred

Formats: 1-2 hour, half day, multi-session, other

Contact: Anna Tolis, LMSW

Geriatric Social Work Specialist

Saint Joseph Mercy Senior Health Services

5361 McAuley Dr. Ann Arbor, MI 48106 Tel: (734) 712-5189 Fax: (734) 712-5302 tolisa@trinity-health.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# Area Agency on Aging Region 11

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# Area Agency on Aging Region 11

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behaviors, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Barnas Haratsaris, MA

Education & Training Coordinator 20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 jean.barnas@alz.org

#### **Henry Ford Health Systems**

Topics: Alzheimer's disease, Lewy body disease, frontal dementias, diagnosis and

differential including non-degenerative diseases affecting cognition, mental

status exam, behavior identification and management, genetics and

Alzheimer's

Audiences: Neurologists, internists, family practitioners, professional, lay

Trainer

Degree: DO

Preferred

Formats: 1-2 hour, half day, full day, multi-session, academic course, any

Contact: Rhonna Shatz, DO

Division Head, Behavioral Neurology

Department of Neurology, K-11, Henry Ford Hospital

2799 W. Grand Blvd.
Detroit, MI 48202
Tel: (313) 916-2456
Fax: (313) 916-3014
rhonnas@sbcqlobal.net

cont.

# Macomb cont.

**Macomb Community College** 

Topics: Knowledge of dementia disorders, person-centered care, care Interactions,

enriching the person's life, understanding behaviors, interacting with families,

direct care worker self-care.

Audiences: Open enrollment for family or professional caregivers in southeast Michigan,

continuing education certificate of completion

Trainer

Degrees: Kathryn Ann W. Kozlinski, LPN, BHS, MEd

Preferred

Format: Day or evening workshops offered every semester, typically a 2-hour format

per topic.

Sponsorship training to homecare and assisted living employees can be

negotiated - call for details

Contact: Michelle Valin, Program Coordinator

Macomb Community College Center for Continuing Education

14500 E. 12 Mile Rd. Warren, MI 48088 Tel: 586-498-4006 Fax: 586-498-4012 valinm@macomb.edu

# Macomb County Senior Citizen Services, Adult Day Service

Topics: Overview of Normal Aging, An Introduction to Dementia Related Illness,

Communication Techniques, Working with Changing Behaviors. End of Life

Issues and Concerns, Advance Directives, "My Voice, My Choice." Recognizing Caregiver Stress and Avoiding Burnout. The Alzheimer

Associations Safe Return Program, Maintain Your Brain, Partnering with Your Doctor, Tips for Holidays and Vacation Time. When Mom Can No Longer Live Alone Tips for Relocating a Person with a Dementia Related Illness. Focus on Dementia – Community Resources in Macomb County. Safe Steps – Home Safety Assessment, Person Centered Care & Communication Techniques. Additional presentations on dementia-related topics can be designed as

needed for individual audiences.

Audiences: All level of caregivers. Direct care workers, family caregivers, professional

caregivers, law enforcement/police/Fire/EMT, community and general education programs. Professional conference, student and academic

classroom, support groups and professional association meetings. All levels of health care providers and educators – family caregivers, professionals, law enforcement/police/fire/EMT, community and general education, student

classrooms, support groups

Trainer

Degrees: LPN, BHS, MEd

Cont.

# Macomb cont.

Preferred

Format: 1-2 hour, half day, full day, multi-session, academic course, any format. Open

to co-presentation.

Contact: Kathryn Ann W. Kozlinski

25401 Harper Ave.,

St. Clair Shores, MI 48081 Tel: (586) 466-6817 Fax: (586) 466-6808

Kaw.kozlinski@macombcountymi.gov

#### **MLR Consultants**

Topics: Seniors Staying Sharp (increasing awareness, memory, communication and

creativity); Moods and Music (exploring the influence of music on us: our

moods, health, energy, mobility, and more).

Audiences: Elders (early and middle stages); family members

Trainer

Degrees: Master of Interdisciplinary Studies and Graduate Certificate in Gerontology

Preferred

Formats: 1-2 hour and multi-session

Contact: Marcia Relyea

Founder and Director 79 S. Wilson Blvd.

Mount Clemens, MI 48043 Tel: (586) 468-5729 Fax: (586) 465-1866 mrelyea79@comcast.net

# Institute of Gerontology, Wayne State University

Topics: Ethnicity, Communications

Audiences: Families, Caregivers and Professionals

Trainer

Degrees: Ph.D.

Preferred

Formats:  $1 - 1 \frac{1}{2}$  hour workshops or round table discussion

Contact: Tom Jankowski, Ph.D

Institute of Gerontology Wayne State University

87 East Ferry, #226 Knapp Bldg.

Detroit, MI 48202

Tel: 313-577-2297 ext. 287

t.jankowski@wayne.edu

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272 -3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

#### **Catholic Human Services, Gerontological Services**

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Manistee cont.

# **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

# Marquette

## Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

Program Coordinator

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# Area Agency on Aging Region 11

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

cont.

# Marquette cont.

# **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

## Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy Spahn

Christiana Getz Mary Mathieu

Program Coordinators 213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874 christiana.getz@alz.org mary.Mathieu@alz.org Joy.Spahn@alz.org

# Mecosta cont.

#### St. Mary's Health Care

Topics: Diagnosis and treatment of dementia and other memory disorders, research

advances, clinical drug trials.

Audiences: Physicians, mid-level providers, nurses, allied health professionals

Trainer

Degrees: MD

Preferred

Formats: Full day, Monday through Friday

Contact: Kevin Foley, MD, Medical Director, Hauenstein Alzheimer's

Disease & Memory Disorders Program, St. Mary's Health Care,

260 Jefferson Ave., SE, Suite 203

Grand Rapids, MI 49503
Tel: (616) 752-5432
Fax: (616) 752-5439
foleykt@trinity-health.org

# Menominee

## Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

# **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

# Midland cont.

#### **Senior Services**

Topics: Dementia overview, communication, behaviors, dementias that are not

Alzheimer's, nutrition, incontinence, working with your doctor, support for those

with Alzheimer's dementia

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave. Midland, MI 48642 Tel: (989) 633-3761 Fax: (989) 633-3704 hsumner@mccoa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

Lisa Teglas, LBSW Program Coordinators

1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 debra.Monroe@alz.org Lisa.teglas@alz.org

#### **Catholic Human Services, Gerontological Services**

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: RSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070 Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Missaukee cont.

## **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, and social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

#### Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy Spahn

Christiana Getz Mary Mathieu

Program Coordinators 213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874 christiana.getz@alz.org mary.Mathieu@alz.org Joy.Spahn@alz.org

# Montmorency

## Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circe, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 356-7879 Peggy.thomas@alz.org

# **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Montmorency cont.

# **District Health Department #4**

Topics: Overview, behaviors, other topics

Audiences: Family or professional caregivers

Trainer

Degrees: LPN

Preferred

Formats: 1-2 hour

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

#### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Fax: (734) 677-3091 <u>Linda.bowman@alz.org</u>

#### Alzheimer's Association – Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Barnas Haratsaris, MA

Program Coordinator

20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 jean.barnas@alz.org

#### Dorothy and Peter Brown Jewish Community Adult Day Care Program

Topics: Learning about Alzheimer's disease and related dementias, facilitating

communication with the person with Alzheimer's, handling difficult behaviors,

understanding and meeting program participants' needs

Audiences: Prospective and current volunteers for our facility

Trainer

Degrees: Master's degree in counseling, Bachelor's in social work

Preferred

Format: Multi-session

Contact: Dorothy Mantis

Social Worker / Volunteer Coordinator

29699 Southfield Rd. Southfield, MI 48076 Tel: (248) 233-4392 Fax: (248) 559-0773 dmantis@jvsdet.org

cont.

### Oakland cont.

#### **Henry Ford Health Systems**

Topics: Alzheimer's disease, Lewy body disease, frontal dementias, diagnosis and

differential including non-degenerative diseases affecting cognition, mental

status exam, behavior identification and management, genetics and

Alzheimer's

Audiences: Neurologists, internists, family practitioners, professional, lay

Trainer

Degree: DO

Preferred

Formats: 1-2 hour, half day, full day, multi-session, academic course, any

Contact: Rhonna Shatz, DO

Division Head, Behavioral Neurology

Department of Neurology, K-11, Henry Ford Hospital

2799 W. Grand Blvd.
Detroit, MI 48202
Tel: (313) 916-2456
Fax: (313) 916-3014
rhonnas@sbcglobal.net

#### Institute of Gerontology, Wayne State University

Topics: Ethnicity, Communications

Audiences: Families, Caregivers and Professionals

Trainer

Degrees: Ph.D.

Preferred

Formats:  $1 - 1 \frac{1}{2}$  hour workshops or round table discussion

Contact: Tom Jankowski, Ph.D.

Institute of Gerontology Wayne State University

87 East Ferry, #226 Knapp Bldg.

Detroit, MI 48202 Tel: 313-577-2297 t.jankowski@wayne.edu

cont.

### Oakland cont.

#### Macomb County Senior Citizen Services, Adult Day Service

Topics: Overview of Normal Aging, An Introduction to Dementia Related Illness,

Communication Techniques, Working with Changing Behaviors. End of Life

Issues and Concerns, Advance Directives, "My Voice, My Choice." Recognizing Caregiver Stress and Avoiding Burnout. The Alzheimer

Associations Safe Return Program, Maintain Your Brain, Partnering with Your Doctor, Tips for Holidays and Vacation Time. When Mom Can No Longer Live Alone Tips for Relocating a Person with a Dementia Related Illness. Focus on Dementia – Community Resources in Macomb County. Safe Steps – Home Safety Assessment, Person Centered Care & Communication Techniques. Additional presentations on dementia-related topics can be designed as

needed for individual audiences

Audiences: All level of caregivers. Direct care workers, family caregivers, professional

caregivers, law enforcement/police/Fire/EMT, community and general education programs. Professional conference, student and academic

classroom, support groups and professional association meetings. All levels of health care providers and educators – family caregivers, professionals, law enforcement/police/fire/EMT, community and general education, student

classrooms, support groups

Trainer

Degrees: LPN, BHS, MEd

Preferred

Format: Any format. Open to co-presentation.

Contact: Kathryn Ann W. Kozlinski

25401 Harper Ave.

St. Clair Shores, MI 48081 Tel: (586) 466-6817 Fax: (586) 466-6808

Kaw.kozlinski@macombcountymi.gov

#### William Beaumont Hospital

Topics: Diagnosis, treatment

Audiences: Physicians, nurses

Trainer

Degree: MD

Preferred

Formats: 1-2 hour, clinical rotation (1 month)

Contact: Michael Maddens, MD

Director, Division of Geriatric Medicine

3535 W. 13 Mile, #108 Royal Oak, MI 48073

(248) 551-0622 (248) 551-1244

mmaddens@beaumont.edu

#### **Alzheimer's Association – Michigan Great Lakes Chapter**

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 356-7879 Pegg.thomas@alz.org

#### **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Ogemaw cont.

## **District Health Department #4**

Topics: Difficult behaviors, dementia and the brain, caring for the caregiver, aging

process

Audiences: Family caregivers, adult foster care, nursing home, general public

Trainer

Degrees: LPN

Preferred Formats:

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

### **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

# Ontonagon cont.

### **Copper County Mental Health Services Institute**

Topics: Person-centered planning, dementia assessment

Audiences: Long-term care, home health, senior groups

Trainer

Degrees: Associate Degree Nursing

Preferred

Format: 1-2 hour

Contact: Marja Salani

900 W. Sharon Ave. Houghton, MI 49931 Tel: (906) 482-4880 Fax: (906) 482-7657 salani@theinst.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy Spahn

Christiana Getz Mary Mathieu

213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874
Christiana.getz@alz.org
Mary.Mathieu@alz.org
Joy.Spahn@alz.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707 (989) 356-4087 (989) 356-7879

Pegg.thomas@alz.org

#### **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

## Oscoda cont.

## **District Health Department #4**

Topics: Difficult behaviors, dementia and the brain, caring for the caregiver, aging

process

Audiences: Family caregivers, adult foster care, nursing home, general public

Trainer

Degrees: LPN

Preferred Formats:

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707 Tel: (989) 356-4087 Fax: (989) 356-7879 Peggy.thomas@alz.org

### Area Agency on Aging Region 9

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

### **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, and multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Joy Spahn

Christiana Getz Mary Mathieu Program Director 213 Sheldon Blvd., SE Grand Rapids, MI 49506

Tel: (616) 459-4558 or (800) 272-3900

Fax: (616) 459-8874 christiana.getz@alz.org Mary.Mathieu@alz.org Joy.Spahn@alz.org

# Presque Isle

#### Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 356-7879 Peggy.thomas@alz.org

#### Area Agency on Aging Region 9

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

cont.

# Presque Isle cont.

## **District Health Department #4**

Topics: Overview, behaviors, other topics

Audiences: family or professional caregivers

Trainer

Degrees: LPN

Preferred

Formats: 1-2 hour

Contact: Karol Cain

100 Woods Circle, Suite 200

Alpena, MI 49707 Tel: (989) 358-7928 Fax: (989) 354-0855

kcain@hline.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain,

Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Pegg Thomas, Office Coordinator

100 Wood Circle, Suite 300

Alpena, MI 49707

Tel: (989) 356-4087 or (800) 272-3900

Fax: (989) 356-7879 Peggy.thomas@alz.org

#### **Area Agency on Aging Region 9**

Topics: Caregiver Concerns (i.e communication, family meetings, stress reduction),

Elder Abuse Awareness, Moving a Loved One with Dementia, Alzheimer's 101, Resident's Rights and the Ombudsman Program, Parkinson's Basics, Grief Process, Stress and Depression in Caregiving, Dementia Basics, The Aging Process, Living Alone; Safe, Sound and Secure, Behavior and Emotions of Aging, Challenges and Choices; Caring for Your Aging Parents/Spouse.

Audiences: Care partners, family members, general public, in home care providers,

Nursing Home and Adult Foster Care staff in the Northeast Lower Michigan

region.

Trainer MA Counseling

Degrees: BA Family Life Education

Preferred

Formats: 1 hour

Contact: Kara LaMarre

2375 Gordon Rd. Alpena, MI 49707

Tel: (989) 356-3474 ext 216

Fax: (989) 358-6604 lamarrek@nemcsa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Stress and depression in caregivers, Professionals dealing with grief and loss,

Anticipatory grief, Working with your doctor, Support for those with Alzheimer's

dementia, Spirituality and dementia

Audiences: Family Caregivers, clergy, community, NH/AFC staff, Home Care and Hospice

staff, other professionals, Direct care staff, Corporate in-service

Trainer

Degree: LMSW, ACSW

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Nancy Farison

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3722
Fax: (989) 633-3704
nfarison@mccoa.org

cont.

# Saginaw cont.

#### **Senior Services**

Topics: Dementia overview, Comparison of various types of dementias,

Communication techniques, Behaviors and interventions, Non-Alzheimer's dementias, Nutrition, Incontinence, Working with your doctor, Support for those with Alzheimer's dementia, Normal aging, Healthy aging and cognitive vitality,

Spirituality and dementia, Caregiver stress

Audiences: Family caregivers, clergy, community, NH/AFC staff, home care and hospice

staff, other professionals, corporate in-service, direct care staff

Trainer

Degree: BSN, Advanced training in dementia care

Preferred

Formats: 1-2 hour, half day, full day, multi-session, other

Contact: Heddie Sumner

4700 Dublin Ave.
Midland, MI 48642
Tel: (989) 633-3761
Fax: (989) 633-3704
hsumner@mccoa.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Barnas Haratsaris, MA

**Education and Training Coordinator** 

20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 Jean.barnas@alz.org

#### **Human Development Commission**

Topics: Assessment for Intervention During Activities of Daily Living

Alzheimer's and Related Dementias – Symptoms, Brain Changes and Behaviors, Diagnosis and Treatment, Caregiver Education and Empathy Training. Community presentations include, "I Forgot Where I Put My

Memory," "All Stressed Out and Nowhere to Go," "Walk a Mile in Their Shoes,"

and "Caring for Your Aging Parents."

Audiences: All

Trainer

Degrees: MSW

Preferred

Formats: 1-2 hour, half day,

Contact: Kim Wasik

429 Montague Ave. Caro, MI 48723

Tel: (989) 673-4121 Fax: (989) 673-2031 kimw@hdc-caro.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Shelby

**Program Coordinator** 

710 Chippewa Square, Suite 201

Marquette, MI 49855

Tel: (906) 228-3910 or (800) 272-3900

Fax: (906) 228-2455 Jean.shelby@alz.org

#### **Area Agency on Aging Region 11**

Topics: Care Management, Elder Abuse Prevention, Financial Consulting, Housing

Options, Insurance Counseling

Audiences: Caregivers, seniors

Trainer Degrees:

Preferred Formats:

Contact: Melissa Kositzky

Resource Specialist

PO Box 606

Escanaba, MI 49829

906-786-4701

kositzkym@upcap.org

#### Shiawassee

#### Alzheimer's Association - Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Tassy Kalemis, MSW, Program Coordinator

Dawn Spicer, Regional Director

G-3287 Beecher Rd. Flint. MI 48532

Tel: (810) 720-2791or (800) 272-3900

Fax: (810) 720-3040 tassy.kalemis@alz.org dawn.spicer@alz.org

#### **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3401 E. Saginaw St., Suite 214

Lansing, MI 48912 Tel: (517) 886-3707 Fax: (517) 333-3737

mareck.associates@sbcglobal.net

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Jean Barnas Haratsaris, MA

**Education and Training Coordinator** 

20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 Jean.barnas@alz.org

#### **Macomb County Adult Day Service**

Topics: Overview, introduction to dementia related illness, communication, behaviors,

end stage, advance directives, caregiver stress / burnout, Alzheimer's

Association Safe Return Program

Audiences: All levels – family caregivers, professionals, law enforcement/police/fire/EMT,

community and general education, student classrooms, support groups

Trainer

Degrees: LPN, BHS, MA.Ed

Preferred

Format: Any format. Open to co-presentation.

Contact: Kathryn Ann W. Kozlinski

25401 Harper Ave.

St. Clair Shores, MI 48081 Tel: (586) 466-6817 Fax: (586) 466-6808

Kaw.kozlinski@macombcountymi.gov

#### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091

Linda.bowman@alz.org

## Tuscola

#### Alzheimer's Association – Greater Michigan Chapter

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Catherine Macomber, MSW, LLMSW

Program Coordinator 4604 N. Saginaw Rd. Midland, MI 48640

Tel: (989) 839-9910 or (800)272-3900

Fax: (989) 839-5910

catherine.macomber@alz.org

#### **Human Development Commission**

Topics: Assessment for Intervention During Activities of Daily Living

Alzheimer's and Related Dementias – Symptoms, Brain Changes and Behaviors, Diagnosis and Treatment, Caregiver Education and Empathy Training. Community presentations include "I Forgot Where I Put My Memory," "All Stressed Out and Nowhere to Go," "Walk a Mile in Their Shoes," and

"Caring for Your Aging Parents."

Audiences: All

Trainer

Degrees: MSW

Preferred

Formats: 1-2 hour, half day

Contact: Kim Wasik

429 Montague Ave. Caro, MI 48723 Tel: (989) 673-4121

Fax: (989) 673-2031 kimw@hdc-caro.org

#### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care National curriculum: Dementia Basics,

Improving Communication, Understanding Behaviors, Making Connections,

Reducing Pain, Enhancing Mealtime, and Learning to Lead

Audiences: Direct care workers, nurses, social workers, recreational therapists, dietary

staff, supervisors, and administrators

Trainer

Degree: MA / BA / MSW; Specialty in Gerontology

Preferred

Formats: 1-2 hour, half day, full day

Contact: Marynell Noonan

530 Whites Rd., Suite 1 Kalamazoo, MI 49008 Tel: (269) 342-1482 Fax: (269) 342-1489 Marynell.noonan@alz.org

#### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

cont.

## Van Buren cont.

#### Lake View Community Hospital – Behavioral Health Services

Topics: Latest research on dementia and Alzheimer's, assessment, identification,

intervention, management, and community resources. Multiple topics related

to psychiatric care in geriatrics.

Audiences: Healthcare professionals, including physicians, physician assistants, nurses,

nurse practitioners, social workers, rehab specialists, psychologist, psychiatrist, health educators, quality improvement directors, nursing home administrators,

family caregivers, volunteers, Nursing Home staff.

Trainer Nadeem M. Mirza, MD

Degrees: MD

Preferred

Format: All formats including academic for-credit courses. The group requesting the

training determines presentation length.

Contact: Karen Griffin, Office coordinator

505 Hazen Street, Suite 104

Paw Paw, MI 49079 Tel: 269-657-1595

kgriffin@lakeviewcares.com

#### Alzheimer's Association - Michigan Great Lakes Chapter

Topics: Foundations of Dementia Care is an evidence-based, interactive, training

program that builds on participant experiences and problem-solving skills. The

12 hour curriculum is divided into 5 modules: Learning to Lead, About

Dementia (includes information on communication and behaviors), Enhancing

Mealtime, Reducing Pain, and Making Connections.

Audiences: Direct care staff, nurses, social workers, recreational therapists, dietary staff,

supervisors, and administrators

Trainer

Degree: Our trainers are from a variety of educational backgrounds, such as CTRS, BA,

MA, MSW, and RN

Preferred

Formats: 1-2 hour, half day, and full day

Contact: Linda Bowman

Care Services Coordinator 107 Aprill Drive, Suite 1 Ann Arbor, MI 48103 Tel: (734) 677-3081 Fax: (734) 677-3091 Linda.bowman@alz.org

#### Eastern Michigan University, Alzheimer's Education Program

Topics: Creating Successful Meal Times, Understanding Memory Loss, Overview of

Dementia, Spirituality and Dementia, Communication and the Person with Dementia, Person-centered Care, Creating Activities for Early Stage

**Participants** 

Audiences: Adult, Families, Children - all

Trainer

Degrees: BS and MA in Education, Graduate Certificate in Gerontology

Preferred

Formats: 1-2 hour, half day, academic course

Contact: Jo Campbell

P.O. Box 981337

Ypsilanti, MI 48198-1227 Tel: (734) 487-8579 Fax: (734) 487-0298 jo.campbell@emich.edu

cont.

#### Family Caregiving Program of American Red Cross

Topics: A program of 9 class modules to assist caregivers of seniors and or disabled adults in improving or maintaining their caregiver skills to help prolong aging in place for the care recipient. Topics include: Assisting with Personal Care, Positioning and Helping Loved One Move, General Caregiving Skills, Home Safety, Healthy Eating (\* Registered Dietician), Caring for Loved One with Alzheimer's or Dementia (\*Social Worker), Caring for Loved One with HIV / AIDS, Legal and Financial Issues (\*Attorney and/or Social Worker), and Caring for the Caregiver.

Audiences: Seniors or any current or potential caregivers in the community organizational

setting

Trainers: All instructors are experienced hands-on health care providers. Registered

Nurses, Social Workers, Gerontologists, and Physical Therapists

Format: Very informal class, approximately 1 hr. Provide information with stats, a video

on each subject, approximately 10-15 minutes, then a Question and Answer session. Some classes have professional resource volunteers to assist such as an attorney with the Legal & financial class. All classes have hand-out materials, short evaluation form, and information on resource organizations that we partner with such as, Alzheimer's Assoc. and Association on Aging; caregiver assistance sources such as web sites, magazines and other articles.

Contact: Joyce Phillips

Family Caregiving coordinator

American Red Cross 4624 Packard Rd. Ann Arbor, MI 48108 Tel: 734-971-5300 Fax: 734-971-5303

Joyce.Phillips@wc-redcross.org

#### Geriatric Consultant Resources LLC

Topics: Cognitive screening in older adults, medication management issues in the

elderly including counseling on side-effects, monitoring, what to look for, and what to expect with dementia medications. Focus on drug-drug and drug-disease interactions, including over-the-counter medications and supplements.

Audiences: Families/caregivers, health care professionals, assisted living facilities, nursing

homes

Trainer

Degrees: Doctor of Pharmacy (Pharm D), RPh

Preferred

Formats: 1-2 hour, half day, brown bag sessions with patients and their families for

medication counseling, more formal presentations involving slides and

handouts for health care professionals.

Cont.

## Washtenaw cont.

Contact: Manju Beier, PharmD

Senior Partner, Geriatric Consultant Resources LLC

Clinical Associate Professor of Pharmacy

The University of Michigan

2001 Commonwealth Blvd., Suite 205

Ann Arbor, MI 48105 Tel: (734) 663-9281 Fax: (734) 663-9262 beier@gcrweb.com

#### **Mareck Family and Geriatric Services**

Topics: Communication Between Generations; Getting Ready for Getting Old;

Managing Behavior Symptoms in Dementia; Understanding Alzheimer's Disease; Communicating with People with Dementia; Helping People with Dementia Enjoy the Holidays; Understanding End of Life Care Options; Sexual

Issues in the Nursing Home, other topics to meet specific needs

Audiences: Caregivers, family members, professionals

Trainer

Degrees: Master's Degree in Social Work

Preferred

Format: 1-2 hour, half day, multi-session

Contact: Jane Elsinga, Care Coordinator

3401 E. Saginaw St., Suite 214

Lansing, MI 48912 Tel: (517) 886-3707 Fax: (517) 333-3737

mareck.associates@sbcglobal.net

136

## Washtenaw cont.

#### Silver Club, Turner Clinic, University of Michigan

Topics: Overview of dementia, person-centered care, working with families, behavior

challenges

Audiences: Professionals, direct care staff, families

Trainer

Degrees: LMSW, MA, Specialist in Aging Certificate

Preferred

Formats: 1-2 hour, half day

Contact: Beth Spencer

2401 Plymouth Rd., Suite C Ann Arbor, MI 48105 Tel: (734) 998-9352 Fax: (734) 998-9340 elizspen@umich.edu

#### Saint Joseph Mercy Senior Health Services

Topics: Geriatric assessment, interdisciplinary teams, dementia (general), behavior

management, medication management, caregiver needs.

Audiences: Any

Trainer

Degree: MD geriatricians, NPs in Geriatric Medicine, RNs, LMSWs (geriatric SW

specialists)

Preferred

Formats: 1-2 hour, half day, multi-session, other

Contact: Anna Tolis, LMSW

Geriatric Social Work Specialist

Saint Joseph Mercy Senior Health Services

5361 McAuley Dr. Ann Arbor, MI 48106 Tel: (734) 712-5189 Fax: (734) 712-5302 tolisa@trinity-health.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Care partners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Rhonda Beauford

**Education and Training Coordinator** 

20300 Civic Center Dr. #100

Southfield, MI 48076

Tel: (248) 351-0280 or (800) 272-3900

Fax: (248) 351-0417 Rhonda.beauford@alz.org

#### **Henry Ford Health Systems**

Topics: Alzheimer's disease, Lewy body disease, frontal dementias, diagnosis and

differential including non-degenerative diseases affecting cognition, mental

status exam, behavior identification and management, genetics and

Alzheimer's

Audiences: Neurologists, internists, family practitioners, professional, lay

Trainer

Degree: DO

Preferred

Formats: 1-2 hour, half day, full day, multi-session, academic course, any

Contact: Rhonna Shatz, DO

Division Head, Behavioral Neurology

Department of Neurology, K-11, Henry Ford Hospital

2799 W. Grand Blvd.
Detroit, MI 48202
Tel: (313) 916-2456
Fax: (313) 916-3014
rhonnas@sbcglobal.net

cont.

# Wayne cont.

#### Institute of Gerontology, Wayne State University

Topics: Ethnicity, Communications

Audiences: Families, Caregivers and Professionals

Trainer

Degrees: Ph.D.

Preferred

Formats:  $1 - 1 \frac{1}{2}$  hour workshops or round table discussion

Contact: Tom Jankowski, PhD

Institute of Gerontology Wayne State University

87 East Ferry St., #226 Knapp Bldg.

Detroit, MI 48202

Tel: 313-577-2297, ext. 287 t.jankowski@wayne.edu

#### **Macomb County Adult Day Service**

Topics: Overview, introduction to dementia related illness, communication, behaviors,

end stage, advance directives, caregiver stress / burnout, Alzheimer's

Association Safe Return Program

Audiences: All levels – family caregivers, professionals, law enforcement/police/fire/EMT,

community and general education, student classrooms, support groups

Trainer

Degrees: LPN, BHS, MA.Ed

Preferred

Format: Any format. Open to co-presentation.

Contact: Kathryn Ann W. Kozlinski

25401 Harper Ave.

St. Clair Shores, MI 48081 Tel: (586) 466-6817 Fax: (586) 466-6808

Kaw.kozlinski@macombcountymi.gov

cont.

#### Saint Joseph Mercy Senior Health Services

Topics: Geriatric assessment, interdisciplinary teams, dementia (general), behavior

management, medication management, caregiver needs.

Audiences: Any

Trainer

Degree: MD geriatricians, NPs in Geriatric Medicine, RNs, LMSWs (geriatric SW

specialists)

Preferred

Formats: 1-2 hour, half day, multi-session, other

Contact: Anna Tolis, LMSW

Geriatric Social Work Specialist

Saint Joseph Mercy Senior Health Services

5361 McAuley Dr. Ann Arbor, MI 48106 Tel: (734) 712-5189 Fax: (734) 712-5302 tolisa@trinity-health.org

Topics: Foundations of Dementia Care curriculum: Dementia Basics, Improving

Communication, Understanding Behaviors, Making Connections, Reducing Pain, Enhancing Mealtime, Falls, Wandering, Restraints, and Learning to

Lead.

Other topics include: The Facts About Alzheimer's Disease & Related Dementias, Understanding Behavior, Intimacy & Sexuality, Medical & Research Update, Legal & Financial Considerations, Partnering With Your

Doctor®, Safe Return®, Talking to Children About Dementia, and

Communication Tips

Audiences: Carepartners, health care professionals, family members, general community

Trainer

Degrees: Bachelor's and/or Master's Degree

Preferred

Formats: Workshops, trainings, and conferences

Contact: Debra Monroe, LLMSW

> Lisa Teglas, LBSW **Program Coordinator** 1040 Walnut St.

Traverse City, MI 49686

Tel: (231) 929-3804 or (800) 272-3900

Fax: (231) 929-2766 Debra.Monroe@alz.org Lisa.teglas@alz.org

#### Catholic Human Services, Gerontological Services

Topics: Alzheimer's 101, communication, difficult behaviors, environmental aspects of

dementia care, the "other" dementias, staff consultation.

Audiences: Professionals, Family caregivers, any audience

Trainer

Degrees: **RSW** 

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Kim Bowman

> 3210-B Racquet Club Dr. Traverse City, MI 49686 Tel: (231) 929-7070

Fax: (231) 929-1247

kbowman@catholichumanservices.org

cont.

# Wexford cont.

### **Community Services Network of Michigan**

Topics: Overview, brain changes, communication, challenging behaviors, assisting a

person with dementia with activities of daily living / body mechanics.

Audiences: Direct care workers, nurses, social workers

Trainer

Degrees: BA, RN, C

Preferred

Formats: 1-2 hour, half day, full day, multi-session

Contact: Chris Curtin

Board President 1615 Park Dr.

Traverse City, MI 49686 Tel: (231) 631-0304 Fax: (231) 536-0482 ccurtin@voyager.net

## Appendix A

## **Acknowledgements**

The Michigan Dementia-Competent Direct Care Workers Initiative is developing tools to help prepare Michigan direct care workers to care for persons with dementia. The initiative began when Michelle Munson-McCorry, a home health care agency administrator, discussed ideas for improving home health care workers' dementia competency with Harvey Zuckerberg, Executive Director of the Michigan Home Health Association. Harvey, along with Micki Horst, Coordinator of the Michigan Dementia Coalition, facilitated bringing together individuals with expertise and interest in dementia training and education.

The Michigan Dementia-Competent Direct Care Workers Initiative helps to address one of the primary goals of the Michigan Dementia Plan: To increase the dementia competency of health care professionals. This directory of dementia training and education providers is one product of the initiative. The work group is also identifying core competencies needed by direct care workers and, with funding provided by the Alzheimer's Demonstration Grant to States, is developing a dementia competency self assessment tool for direct care workers.

Primary contributors to development of this directory are: Jean Barnas, Jennifer Burley, Kim Curyto, Cean Eppelheimer, Chris Hennessey, Micki Horst, Kathryn Ann Kozlinski, Marcia Mittelman, Michelle Munson-McCorry, Lauren Swanson, and Kim Walsh. The work group would like to recognize the following agencies and organizations for their contributions and support of this project: Alzheimer's Association - Greater Michigan Chapter, Alzheimer's Association - Michigan Great Lakes Chapter, Michigan Department of Community Health, the Michigan Home Health Association, Michigan Public Health Institute, the Michigan Office of Services to the Aging, and the Primary Care Dementia Network.

#### **Appendix B**

## **Contributions to the Philosophy and Values Statement**

In developing the Philosophy and Values Statement, work group participants first brain-stormed ideas about what is important in providing care to persons with dementia. Following are the ideas generated arranged in categories.

#### Person-centered ideas:

- Decision-making power should be in the hands of the individual or in the hands of those closest to the person with dementia when s/he is unable to personally make decisions.
- Individuals should be given choices to the extent their capacity allows them to choose.
- Care should focus on the individual first and then on the task.
- Optimum care involves collaboration between individuals, families, and DCWs.
- Dementia care should focus on the individual and on building relationships
- Good dementia care involves "doing with" the person, not "doing for" her or him.
- Dementia care should identify and focus on the individual's strengths while recognizing and accommodating deficits.
- Dementia caregivers should establish familiar routines that promote individualized care.
- Each individual's experience of dementia is unique, therefore care must be tailored to meet the needs of that person and her or his family.

#### Growth ideas:

- Within each individual lies the potential for growth and the ability to make a difference.
- Good dementia care promotes growth, and development of strengths and abilities is promoted for all people involved in caregiving interactions.
- Caring encourages people to grow.
- Caring is different from "treatment" or "management."
- Dementia care should provide opportunities to give as well as receive care.

#### Caring ideas:

- A prime task of dementia care is to maintain personhood -- knowing the person

   not just meeting physical needs (Thomas Kitwood).
- Companionship should be integral part of "care."
- The focus on retaining abilities is important in caring for the individual with dementia.

- Friendship is also a key component in caring for the individual with dementia.
- Care should respect diversity.
- Holistic care responds to the individual's spirit, mind, and body.
- Care must be continuous and lifelong.

#### **Environment and Culture ideas:**

- Care is best provided in home-like settings.
- The emphasis should be on making the person feel "at home."
- The environment should foster relationships between individuals and DCWs.
- Most persons with dementia prefer a community setting rather than an institutional one.
- Culture change is an ongoing journey.
- The environment should be one in which interactions and happenings take place
- naturally.
- The environment should foster variety and spontaneity in daily life.
- The environment should adjust to the comfort needs and abilities of the individual,
  - ensuring a sense of community and security.

#### For the direct care workers:

- Each worker can and does make a difference.
- Effective workers practice self-examination and reflection, searching for new creativity and opportunities for doing better.
- A goal of good dementia care should be empowering DCWs to build relationships.
- Dementia training should utilize learner-centered approaches.
- Dementia training should emphasize the development of interpersonal, problem solving, and communication skills in an environment that carefully balances support and accountability.
- DCWs should be empowered to be forward thinking, break the mold, and test new ideas.
- Quality dementia care systems and training programs promote growth and development in a supportive environment, encouraging DCWs to use their full potential.
- DCWs should be involved in care delivery decision making.
- Successful dementia training and care requires active engagement of the DCW in the discovery process.
- A good dementia care environment offers opportunities for DCWs to develop a
  quality relationship with the individual with dementia, thereby giving work
  meaning and purpose.
- A good dementia care environment promotes open communication with other DCWs and professionals.
- DCWs need access to the tools needed to effectively work with people with dementia

at all stages.

- Dementia training should set standards of excellence.
- A good dementia care environment encourages informal leadership.
- A good dementia care environment celebrates accomplishments.
- Good dementia care requires recognizing individual capabilities and ensuring individual rights.
- Effective care providers recognize their personal limitations.
- Dementia training should provide "hands on" experience with coaching.
- DCWs should learn how to gain the trust of a person with dementia.
- DCWs should learn how to discover a person's history and how to use this knowledge to provide the best care.
- Good dementia training uses structured and unstructured learning activities and experiences.